



Burns Football Club



CAPITAL
FOOTBALL

STAGE 2.2 (PRE STAGE 3) – RETURN TO PLAY

VERSION 1 – 17 JULY 2020



Club Submission

This Stage 2.2 (Pre Stage 3) Return to Play plan is provided by Burns Football Club

This plan outlines our operational delivery of matches in the following leagues:

- Men's & Women's Senior League

This plan will commence on 17 July 2020

The club contact responsible for this plan is;

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The Club acknowledges that this plan is in accordance with the Capital Football COVID-19 Stage 3 – Return to Play Guidelines, and is aware of the hygiene and safety aspects of return to matches.



General Precautions

Attendance

Participants (including players, parents, coaches, referees, volunteers) are not to return to matches if they:

- ▶ Feel unwell;
- ▶ Have any flu-like symptoms;
- ▶ Have travelled internationally or been exposed to a person with COVID-19 in the preceding 14 days; or
- ▶ Are at a high risk from a health perspective, including the elderly and those with pre-existing medical health conditions

Latest Advice

- People returning from the [affected locations in south-west Sydney identified by NSW Health](#) are legally required to self-quarantine.
- People from border towns with Victoria are advised against travelling (i.e. players from Albury/Wadonga).
- People that visited the following areas are required to self-isolate on return to the ACT:
 - **Crossroads Hotel in Casula** – between 3 July to 10 July.
 - **Planet Fitness in Casula** – between 4 July and 10 July.
 - **Picton Hotel in Picton** – on Sat. 4 July, Sun. 5 July, Thurs. 9 July or Fri. 10 July.



General Precautions

Hygiene

- ▶ Ensure spaces, surfaces and objects at each venue are regularly cleaned;
- ▶ Promote regular and thorough hand washing by club and team officials and participants;
- ▶ No sharing of drink bottles
- ▶ Ensure bins are provided around the venue

Behaviour

- ▶ Cover mouth and nose with a tissue or your elbow (not your hands) when you cough or sneeze;
- ▶ If using tissues, place them directly in the bins provided;
- ▶ No spitting at any time





What is permitted during Match Play

The following is permitted at the venue and during match play;

- ▶ Full competitive and non-competitive matches are permitted within the normal Laws of the Game
- ▶ Where possible, players should come ready to play
- ▶ Play only – get in, play, get out
- ▶ Social activities when games have concluded are discouraged. Club meetings must be limited to essential gatherings and within the government's guidelines
- ▶ Spectator areas to meet gathering restrictions (In ACT no more than 100 per venue)
- ▶ Continue to encourage limitation of spectators (no more than 1 spectator per player)
- ▶ Promote physical distancing of 1.5 metres between spectators
- ▶ Where clubs choose to use change rooms they must limit use to a maximum number of people that equals 1 person per 4sqm
- ▶ Canteens and BBQ's are permitted in line with relevant government requirements.



What is NOT permitted during Match Play

The following is NOT permitted at the venue and during match play;

- ▶ Handshakes before and after the match
- ▶ Team huddles and high fives
- ▶ Multiplayer goal celebrations
- ▶ Spitting
- ▶ Sharing of equipment including drink bottles, towels, shin pads and bibs.



Match Operations at Venue

Entry and Exits

- Players, Coaching Staff, Match Officials should enter and exit the playing area's via the designated entry and exit points (see Venue Maps).
- Please follow signs at each ground.

Spectators

- Spectators are only permitted in the designated Spectator areas (see Venue Maps).
- Please follow signs at each ground.



Match Operations at Venue

Canteens

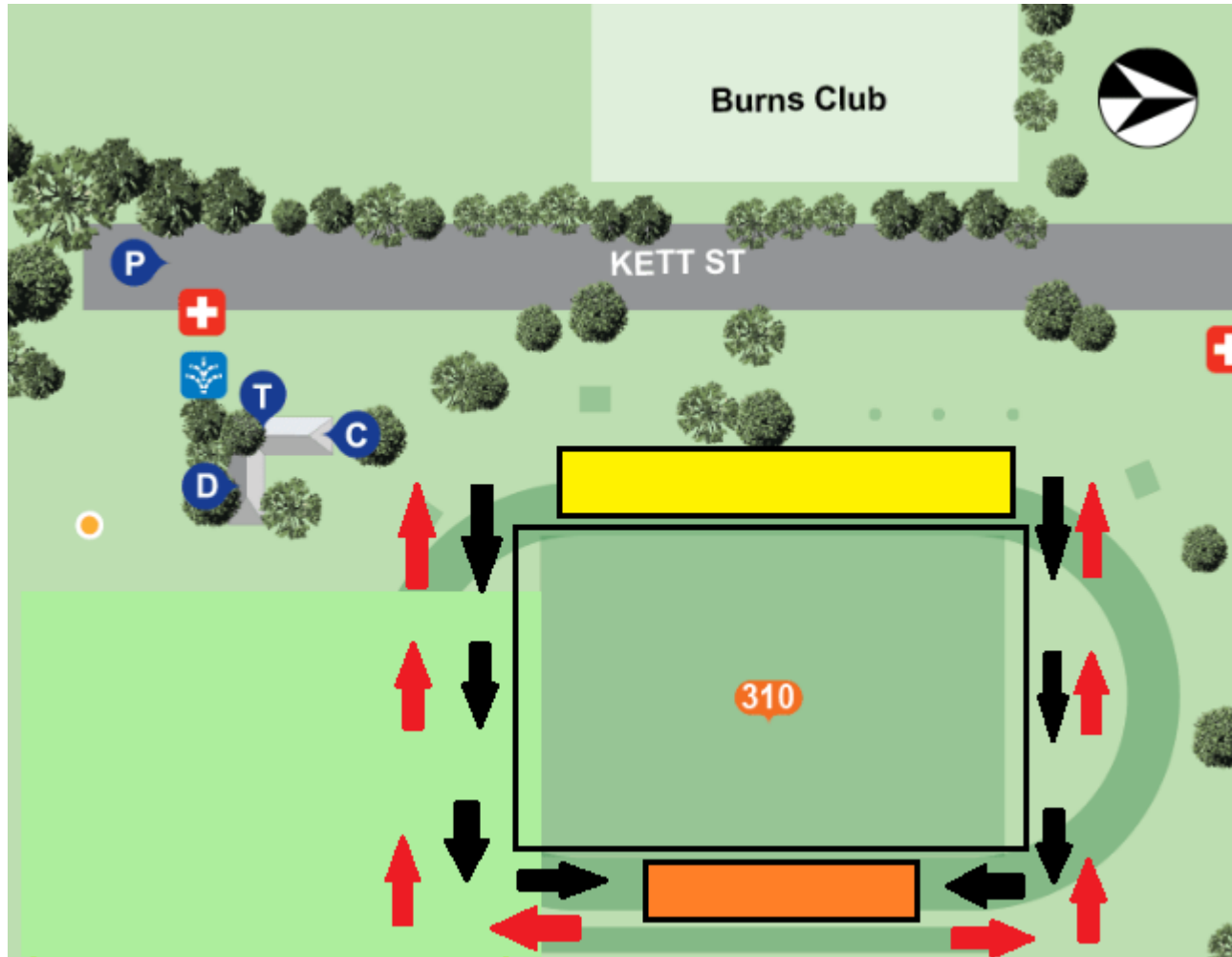
- The Burns Football Club will not be operating any Canteens at their HOME venues

Amenities

- **Change Rooms at Kambah 3 will not be open and utilised** as they do not meet the recommended space requirements under ACT Govt. / Health guidelines (i.e. 1 person per 4m²)
- Toilets may be used.



Kambah 310 - Venue Map



Legend

Participant entry and access to fields



Participant exit from fields



Spectator Area

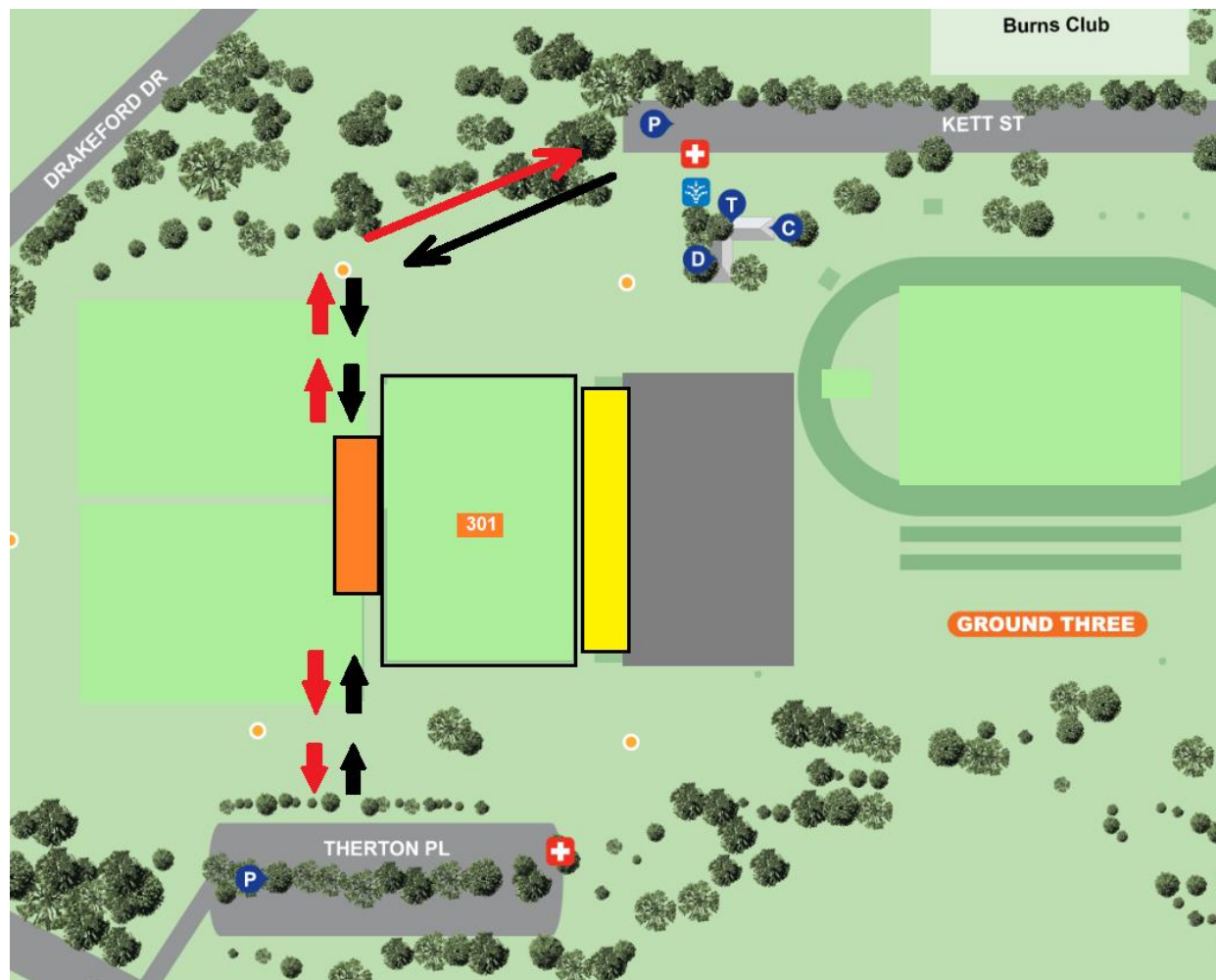


Player/Team Technical Area





Kambah 301 - Venue Map



Legend

Participant entry and access to fields



Participant exit from fields



Spectator Areas



Player/Team Technical Area

